April Anderson began her career with Helen Ross McNabb Center in April 1997. At Helen Ross McNabb, she served in a variety of roles: Vocational Rehab Counselor, Vocational and Homeless Programming Coordinator, Psychosocial Rehabilitation Services Coordinator, and Mountain View Youth Development Center Clinical Therapist. In September 2007, she began working with both the University of Tennessee-Cherokee Health Systems and Vanderbilt University Department of Psychiatry Center of Excellence as the Coordinator for the Child and Adolescent Needs and Strength (CANS) Assessment Consultation project throughout East Tennessee for the Department of Children Services. In June 2012 she became the Knox Regional Administrator for the Department of Children Services.

Ms. Anderson is committed to high quality child welfare services and a strong advocate for system improvements for children, youth, and families. She has a Bachelor of Arts in Psychology and a Masters of Education in Marriage and Family Therapy from Carson-Newman University. She is a Licensed Professional Counselor-Mental Health Provider and a Licensed Marriage and Family Therapist. She currently serves as the Vice-President of the Tennessee Government Executive Institute and is an alumnus of the class of 2013.